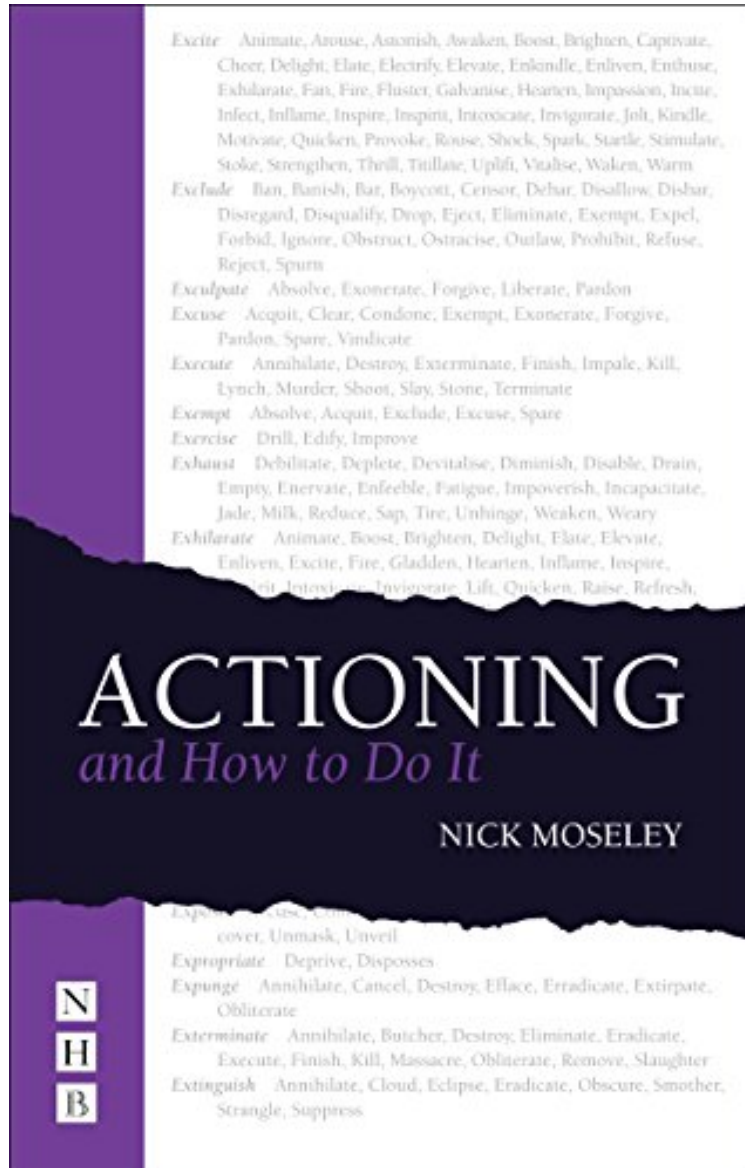


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# Actioning - and How to Do It

Nick Moseley

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Actioning is one of the most widely used rehearsal techniques for actors. It helps bring clarity to every moment or thought in the text, energising rehearsals and bringing performances to life. Actioning will enable you to discover and unlock newfound energy, range, variety and clarity of body and voice, by: Interrogating the text and making initial action verb choices Playing your chosen actions, both verbally and physically Maintaining an imaginative and emotional connection with each moment Signposting each thought to your scene partner From the publishers of the internationally successful *Actions: The Actor's Thesaurus*, this is the first in-depth exploration of Actioning for student actors, those who train them, and professionals working in the industry, whether they're brand new to the technique or have been practising it for years. The book draws on concepts from Stanislavsky, using sample scenes from classic plays such as *The Seagull* and *The Importance of Being Earnest*, as well as contemporary pieces, and is filled with exercises to demonstrate the technique at work. *Actioning - and How to Do It* is the indispensable companion to this vital component in every actor's toolkit.

About the Author NICK MOSELEY worked as an actor before teaching drama in secondary school, and then in Drama Schools, first at Italia Conti and latterly at Central School, where he is Senior Lecturer, Acting. He is the author of *Actioning and Reacting* and *Tools for the Modern Actor* and *Meisner in Practice*.