

Daily Zen Doodles: 365 Tangle Creations for Inspiration, Relaxation and Joy

Meera Lee Patel

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A YEAR'S WORTH OF "TANGLED DRAWINGS" DESIGNED TO INSPIRE CREATIVITY AND SERENITYWith hand illustrated prompts and thoughtful quotes, Daily Zen Doodles will inspire you to lose yourself in the contemplative act of drawing. Each page is an invitation to sketch, relax, focus and reach toward inner peace.

About the Author Meera Lee Patel is a professional illustrator and writer.