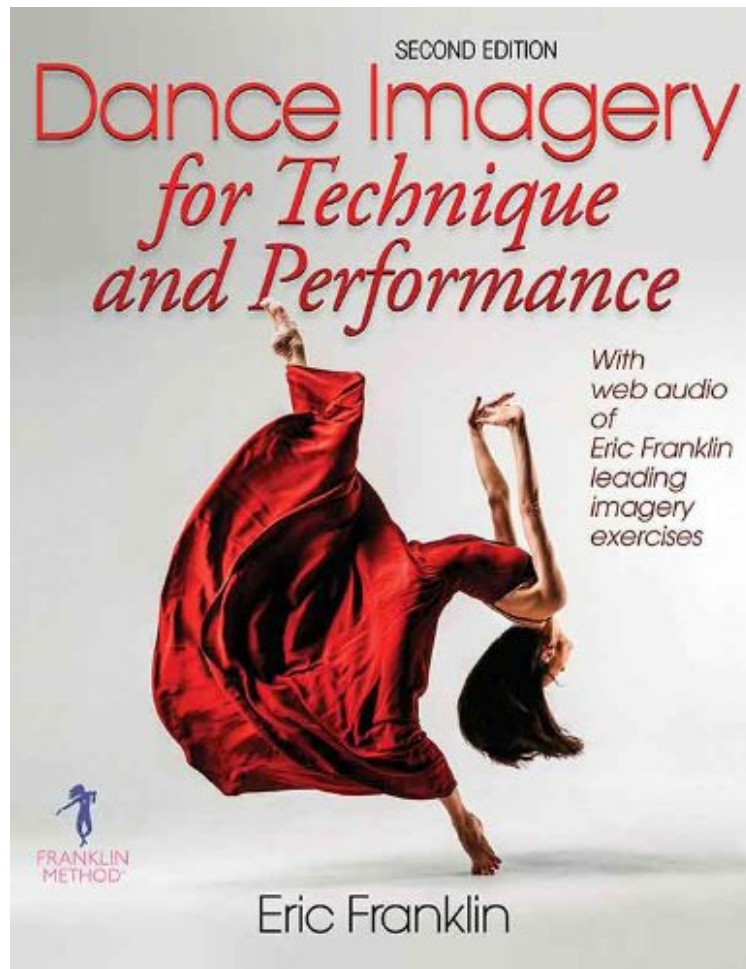


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Dance Imagery for Technique and Performance-2nd Edition

Eric Franklin

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Eric Franklin : Dance Imagery for Technique and Performance-2nd Edition before purchasing it in order to gauge whether or not it would be worth my time, and all praised Dance Imagery for Technique and Performance-2nd Edition:

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This text provides dancers and dance educators with a deep understanding of how they can use imagery to improve artistry in dance. It offers hundreds of imagery exercises to refine improvisation, technique, and choreography as well as 295 illustrations and photos that illustrate Franklin's unique imagery concepts. The book includes imagery exercises that can restore and regenerate the body through massage, touch, and stretching.

The Franklin method has proved invaluable to our students at the Juilliard School in New York City for the past several years. Learning how to use mental imagery and functional anatomy for dance augments our training

program beautifully because it is clear, precise, and useful in every way for any dancer. The students have found it revelatory! Lawrence Rhodes--Director of the Dance Division, The Juilliard School About the Author Eric Franklin is director and founder of the Institute for Franklin Method in Wetzikon, Switzerland. He has more than 35 years of experience as a dancer and choreographer, and he has shared imagery techniques in his teaching since 1986. Franklin has taught extensively throughout the United States and Europe at the Juilliard School in New York, Royal Ballet School in London, Danish Ballet in Copenhagen, Dance Academy of Rome, and Institute for Psychomotor Therapy in Zurich. He was also a guest lecturer at the University of Vienna. He has provided training to Olympic and world-champion athletes and professional dance troupes such as Cirque du Soleil and the Forum de Dance in Monte Carlo. Franklin earned a BFA from New York University's Tisch School of the Arts and a BS from the University of Zurich. He has been on the faculty of the American Dance Festival since 1991. Franklin is coauthor of the best-selling book Breakdance, which received a New York City Public Library Prize in 1984, and author of 100 Ideen fuer Bewegunglichkeit and Dance Imagery for Technique and Performance (both books about imagery in dance and movement). He is a member of the International Association for Dance Medicine and Science. Franklin lives near Zurich, Switzerland.