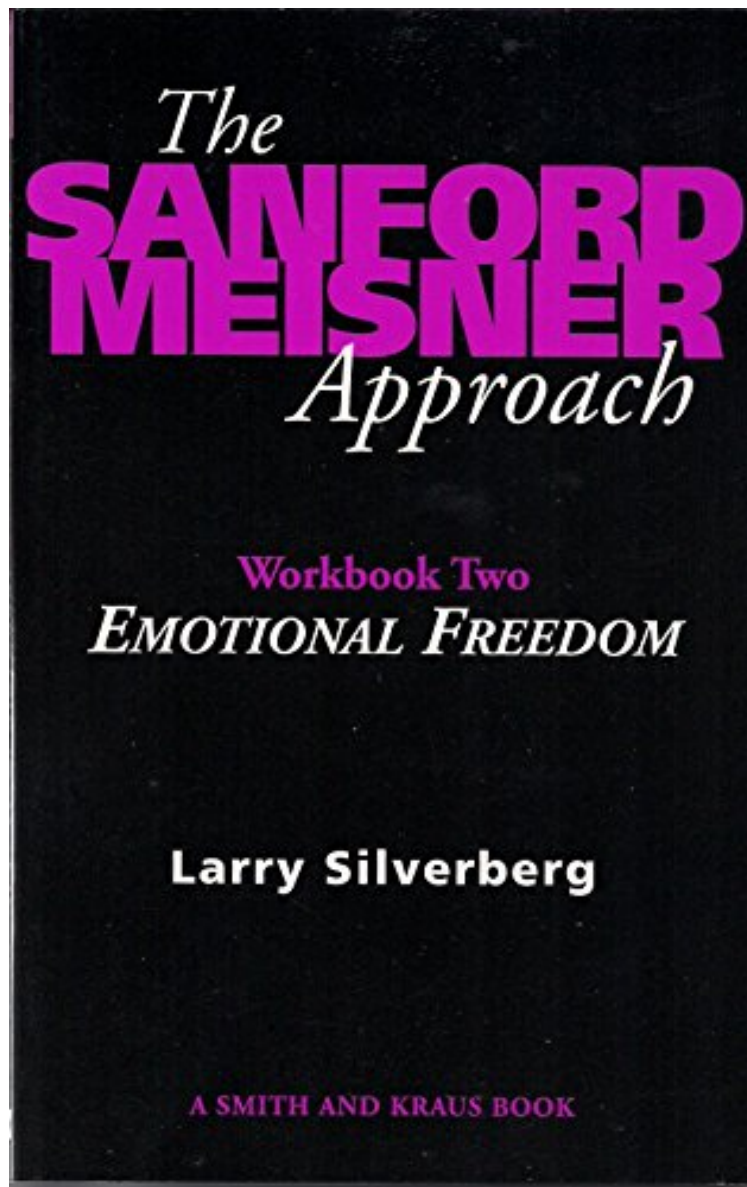


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The Sanford Meisner Approach: Workbook Two, Emotional Freedom: 2 (Career Development Series)

Larry Silverberg

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Larry Silverberg : The Sanford Meisner Approach: Workbook Two, Emotional Freedom: 2 (Career Development Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Sanford Meisner Approach: Workbook Two, Emotional Freedom: 2 (Career Development Series):

1 of 1 people found the following review helpful. Books are good things!
By Janet Magnuson I was lucky enough to spend a year with two of Larry Silverberg's students who now have a studio of their own. Over four sessions of 11 weeks each, we followed Larry's interpretations of Sanford Meisner's teaching in a very caring and trusting environment. I can't say enough good things about this experience. It really changed my life as an actor and as a person. I see that a reviewer here has said that you can't learn acting from a book. Well of course you can't, but that doesn't mean that great books can't be an immense help. How many have poured over Stanislavky's books and found inspiration there? And these books are wonderful. They lay out paths to follow without anxiety or fear, in a straightforward, simple and productive manner. I mentioned the atmosphere of trust in my classes; I'm sure that began with Larry. Find a teacher who knows this work, get hold of the books, and enjoy!
0 of 0 people found the following review helpful. ... form that was understandable in a book was quite good. I studied Meisner in N.Y. WITH the late, great Robert X. Modica who studied w/Meisner in the 50`s ,taught at the Playhouse and in his own studio. Larry Silverberg has a love, respect for the work that does my soul good.
0 of 0 people found the following review helpful. Great book on emotional prep.
By Matthew Logan This book focuses on specificity and detail in creating emotional accessibility for an actor. It is very good, but must be used in practical application (all acting must).

Shortly before his death, Sanford Meisner arranged for Larry Silverberg to create a written legacy of his teaching techniques. This book is the second of four books in the Sanford Meisner series. In this extraordinary new book, Silverberg demystifies the emotional demands of acting and leads the actor through a process aimed at tapping into and deepening his own emotional instrument. Not only will actors gain insight into the whole realm of the emotions, they will see very clearly the traps most actors fall into when it comes to "being emotional" on stage. A healthier and more effective way of working will be taught -- a way of working which brings the actor powerful and unique creativity to every part.

Silverberg's writing is concise and insightful throughout and makes the technique accessible to any committed student. --Library Journal
About the Author Larry Silverberg is founder and Artistic Director of the Belltown Theatre Center in Seattle, WA. He is also on staff at the University of Washington where he teaches Master Classes in the Meisner Work, while continuing his own acting career. Larry is a past winner of the Warner Bros. Filmmaker of the Year Award for his film, Flight in Masquerade, and has also been busy directing for the stage. Larry is a graduate of the Neighborhood Playhouse School of Theater in New York City where he studied with master acting teacher, Sanford Meisner.