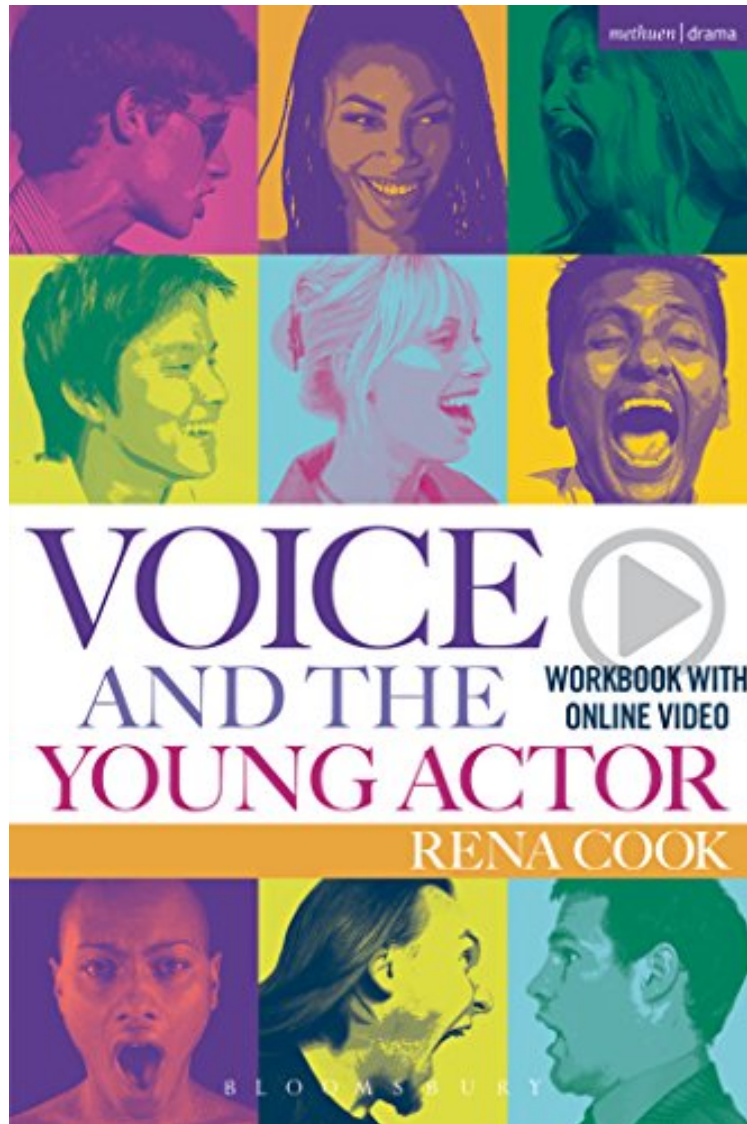


(Free) Voice and the Young Actor: A workbook and DVD (Performance Books)

Voice and the Young Actor: A workbook and DVD (Performance Books)

Rena Cook

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Rena Cook : Voice and the Young Actor: A workbook and DVD (Performance Books) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Voice and the Young Actor: A workbook and DVD (Performance Books):

3 of 3 people found the following review helpful. Invaluable!By Jackie deMontmollinRena Cook's voice workbook is a must have in any High School performance curriculum, whether it be theatre, speech or a musical theatre course, this book is invaluable. As an individual one could greatly benefit from this book; as a teacher it is invaluable. I know of

no other resource as comprehensive as this to train young people to use their instrument effectively! The book is perfectly laid out, user friendly and is completely solid in method and approach! Discussion questions assist in providing for extension of activities and reflection opportunity encourages meta-cognition during the process of training one's voice; this is not just filled with great technique but also awesome pedagogy! Teacher tips are abundant and incredible. Ms. Cook's experience as a master teacher are evident and she is generous in sharing not only her voice expertise, but also her pedagogical prowess with the reader. I cannot recommend this book and the accompanying included DVD highly enough. Every High School and Junior High Theatre Speech class would benefit by incorporating this valuable and important guide to safe and effective use of the voice directly into the curriculum. A Must Have!

Jackie deMontmollin Associate Director of Theatre Education The University of Houston School of Theatre Dance

0 of 0 people found the following review helpful. A Theater Teacher Must Have! By Dusty Davidson What an incredible resource and treasure this book is. Rena Cook breaks it down so simply and makes it so easy for anyone to follow. The exercises are meaningful and you see, hear and feel the results. The DVD is a great tool. You see the exercises as the students do them and Rena is so engaging in the video. I am incorporating more voice work into the classes I teach because I now feel more confident in being able to produce the desired results with the help of the book and DVD. This is a must have for any theater teacher.

1 of 1 people found the following review helpful. Helpful DVD Bonus By S. Klemp Very useful book for young/beginning acting students. Also a great resource for renewing an instructor's interest in teaching voice work--reassurance seeing exercises one knows, rejuvenation finding new activities to learn and teach. The accompanying DVD is a useful bonus since many voice/acting exercises are hard to describe in words and even illustrations.

"Many high school theatre teachers do not have access to intensive voice instruction. Rena's book will fill that void. It is instructive, concise, easy to understand, and most importantly for the high school student, fun. High school teachers will find the book an invaluable voice and acting resource. It would be beneficial to all high school theatre programs to have Voice and the Young Actor as a textbook." Kim Moore, High School Teacher, Colorado

There are thousands of students enrolled in school drama classes in yet very often young actors cannot be heard, are culturally encouraged to trail off at the ends of sentences, and habitually use only the lowest pitches of the voice. Drama teachers, frequently ask, "How can I get my students to speak up, to be clear, to articulate?" Voice and the Young Actor is written for the school actor, is inviting in format, language and illustration and offers clear and inspiring instructions. A DVD features 85 mins and 28 filmed voice workshop exercises with the author and two students. These students log their reflections in the book on what they have learned throughout their training and there is space for the reader to do the same. A workbook in format, Voice and the Young Actor provides simple, interactive vocal exercises and shows young performers how to take voice work into acting.

There is a creative exchange between student and voice teacher found within this very practical and fun guide for emerging actors to find their voices. In Voice and the Young Actor: A Workbook and DVD, Rena Cook has captured the essential steps in creating the foundation for voice and speech training for young actors, and it is clear that she is a talented teacher and an artist . . . This book flows seamlessly, inviting the reader to become part of this engaging, well-taught class . . . Cook's writing is filled with her warm spirit, love of her students, and demonstrative evidence of her appreciation of the significance of voice and speech training. Yes, students will gain both insight and vocal skills after experiencing the effective exercises found within the text; however, the material is equally beneficial to the voice teacher. Cook's teaching style is present throughout the book, as well as on the DVD recording, and is an asset to voice and acting teachers who desire to convey these concepts to the young actor. A practical, playful, and pleasurable experience, Voice and the Young Actor: A Workbook and DVD is a must have for anyone starting his or her vocal journey and will provide a foundation for beginning voice and speech work.

Voice and Speech About the Author Rena Cook is Head of Voice at the School of Drama, University of Oklahoma and was a high school drama teacher for 16 years. Rena presents voice workshops for state drama conferences in Colorado, Texas, and Georgia, as well as the Educational Theatre Associations' Conference. A professional voice and dialect coach, Rena served as Editor-in-Chief of the Voice and Speech .