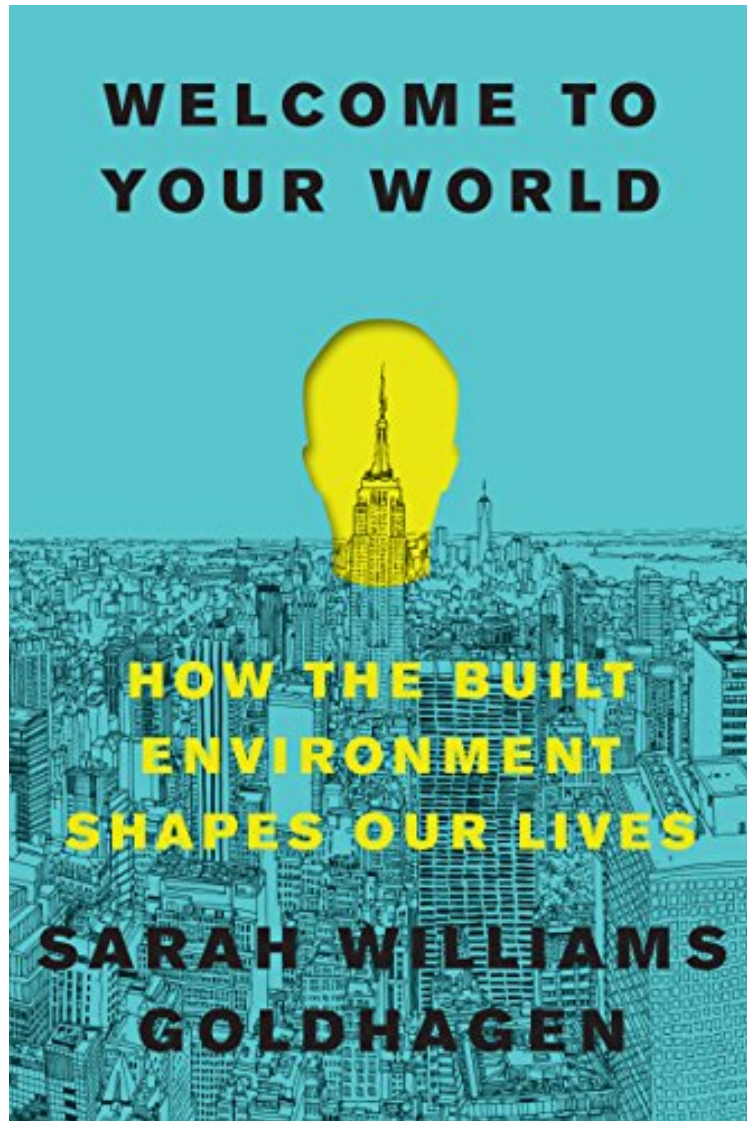


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Welcome to Your World: How the Built Environment Shapes Our Lives

Sarah Williams Goldhagen

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Sarah Williams Goldhagen : Welcome to Your World: How the Built Environment Shapes Our Lives before purchasing it in order to gage whether or not it would be worth my time, and all praised Welcome to Your World: How the Built Environment Shapes Our Lives:

0 of 0 people found the following review helpful. Space, place, pace, face, grace, chase, embraceBy George F. SimonsThis concatenation of haiku is in grateful response to hearing Sarah Williams, Goldhagen's audiobook being read to me, Welcome to Your World: How the Built Environment Shapes Our Lives. So enlightening and eye-opening,

I could not respond in prose! How does space embrace, create who I am right now and move me to move? I am where I've been. My memory of place tells me where to go. What I chase and seek starts in where I find myself, framed by deacute; jagrave; vu? How fast will I move? Rough or smooth beneath my feet may govern my pace. Fabric and texture ndash; what I touch is touching me, perhaps scorching me. What's the threat of noise, in the eardrums of my heart, distracting me now? Lingering odors remind me what happened here, loss or gain of face. The size of my boxmdash; what a pox if it has locksmdash; makes me sick or well. What's to gain or lose? Given an environment, how free do I choose? Pointing to beyond, high arches and open doors invite growth and grace. It takes nerve and verve in a rectangular world to create a curve. How to size you up, when the tint of painted walls colors my feelings? Now I take notice, how my worlds fill me up. All I am is me. Dalai Lama quest? "Make me one with everything" I'm your pizza pie. Old partitioned me put Descartes before the horse. More stable now, whole. 4 of 5 people found the following review helpful. Namely that there is a great chain of relational structures in architectural experience that must ... By Coy v. Howard Well, well, well! It had to happen. Sarah Goldhagen has linked the intuitive and often speculative notions of the 'what's' and the 'how's' of architectural aesthetic experience with the latest neuroscience research that supports what only the most sensitive and lucid designers know. Namely that there is a great chain of relational structures in architectural experience that must be presented to make possible the fusion of the cognitive, valuational, and sensory modes of our being that produces the immersive experience that we call aesthetic. Goldhagen's research clearly articulates why architecture is not a building but an adjective we use to describe such immersive experiences. Coy Howard Professor Southern California Institute of Architecture Author of 'The Thickening of Time'; 3 of 4 people found the following review helpful. This brilliant book opened my eyes to the world around me ... By Dan Lyons This brilliant book opened my eyes to the world around me and helped me see my environment in new ways. Goldhagen is advocating for better design, design that is more human-centric and connects us to nature. She's a former professor at Harvard Graduate School of Design and a well-known architecture critic, and she has spent her entire life trying to understand the process by which the built environment affects us emotionally and psychologically. Here she is writing for a general audience, and sharing what she has learned during a lifetime of interdisciplinary exploration with people like me, who do not have a background in art or design or architecture, but who are curious to learn about how our surroundings affect our lives. Imagine the treat of being able to go on a tour of the world with a guide who is so smart, insightful, entertaining, witty, deeply informed, and passionate about her subject. For what it's worth, this is also a beautifully produced book with gorgeous illustrations. It's a book I will save and treasure, and go back to again and again. I wish I could give it more stars.

One of the nation's chief architecture critics reveals how the environments we build profoundly shape our feelings, memories, and well-being, and argues that we must harness this knowledge to construct a world better suited to human experience. Taking us on a fascinating journey through some of the world's best and worst landscapes, buildings, and cityscapes, Sarah Williams Goldhagen draws from recent research in cognitive neuroscience and psychology to demonstrate how people's experiences of the places they build are central to their well-being, their physical health, their communal and social lives, and even their very sense of themselves. From this foundation, Goldhagen presents a powerful case that societies must use this knowledge to rethink what and how they build: the world needs better-designed, healthier environments that address the complex range of human individual and social needs. By 2050 America's population is projected to increase by nearly seventy million people. This will necessitate a vast amount of new constructionmdash; almost all in urban areasmdash; that will dramatically transform our existing landscapes, infrastructure, and urban areas. Going forward, we must do everything we can to prevent the construction of exhausting, overstimulating environments and enervating, understimulating ones. Buildings, landscapes, and cities must both contain and spark associations of natural light, greenery, and other ways of being in landscapes that humans have evolved to need and expect. Fancy exteriors and dramatic forms are never enough, and may not even be necessary; authentic textures and surfaces, and careful, well-executed construction details are just as important. Erudite, wise, lucidly written, and beautifully illustrated with more than one hundred color photographs, *Welcome to Your World* is a vital, eye-opening guide to the spaces we inhabit, physically and mentally, and a clarion call to design for human experience.

'Goldhagen's book lays the groundwork for the cognitive neuroscience of architecture.' (TERRENCE SEJNOWSKI, FRANCIS CRICK PROFESSOR AT THE SALK INSTITUTE FOR BIOLOGICAL STUDIES) 'A feast for the mindhellip; [with] a vital message: We can and must capitalize on this new knowledge to build more human-centered urban environments. It's a call to action we ignore at our peril.' (COLIN ELLARD, AUTHOR OF *PLACES OF THE HEART AND YOU ARE HERE*) 'Goldhagen's illuminating book on the design of our world begins just where it should, with us and how we live, not with a dazzling shell. She shows us many ways that good design can uplift our lives and how poor design can fail us.' (Barbara Tversky, Professor Emerita of Psychology at Stanford University) 'A remarkable book and a fascinating exploration of the human experience in the city. Ground breaking, informed, and inspired.' (Mikyong Kim,

Landscape Architect)ldquo;Welcome to Your World will go far to help us create healthy, equitable, and thriving cities. This is extremely powerful stuff.rdquo; (Faith Rose, former Executive Director of the Public Design Commission of the City of New York Faith Rose, former Executive Director of the Public Design Commission of the City of New York)ldquo;Lucidly written in beautiful prose, Welcome to Your World will stimulate and delight professionals, students, and nonprofessionals alike. A must-read!rdquo; (NADER TEHRANI, AWARD-WINNING ARCHITECT AND DEAN OF THE IRWIN S. CHANIN SCHOOL OF ARCHITECTURE AT COOPER UNION